



Dimbwiii Safaris

PACKING FOR YOUR MONDULI JUU WALKING SAFARI

The terrain in Monduli Juu and the Rift Valley is as diverse as it is beautiful—ranging from highland ridges to dusty valley floors. Because you'll be on foot and visiting local communities, your packing list should prioritize **comfort, cultural respect, and protection from the elements.**

ESSENTIAL CLOTHING

The temperature can swing from a chilly **12°C (54°F)** in the morning to a warm **28°C (82°F)** by midday.

- **Neutral-Colored Layers:** Stick to earth tones (khaki, beige, olive, or grey). This helps you blend into the landscape and is less likely to attract insects or startle wildlife.
- **Long-Sleeved Breathable Shirts:** Essential for sun protection and to guard against scratches from tall grass or whistling thorn acacias.
- **Lightweight Hiking Trousers:** Avoid jeans, which are heavy and chafe when damp. Convertible (zip-off) pants are excellent for transitioning as the day warms up.
- **Light Fleece or Windbreaker:** You'll be glad you have this for the early morning start and the breezy escarpment viewpoints.
- **Moisture-Wicking Socks:** To prevent blisters, choose socks that pull sweat away from your skin.

You'll return to Arusha with a head full of memories and a camera full of unforgettable photos.

Your Story . Our Compass

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FOOTWEAR

- **Sturdy Hiking Boots:** Since the terrain is mountainous and often rocky, high-top boots with good ankle support are highly recommended.
- **Light Sneakers or Sandals:** For relaxing after your walk.

SUN & DUST PROTECTION

- **Wide-Brimmed Hat:** A "safari-style" hat that protects your face, ears, and the back of your neck.
- **Polarized Sunglasses:** To cut the glare of the equatorial sun and help you spot movement in the distance.
- **High-SPF Sunscreen & Lip Balm:** The altitude makes the sun's rays much stronger than they feel.
- **Buff or Lightweight Scarf:** Very useful for keeping dust out of your nose and mouth if the valley floor is dry.

CULTURAL CONSIDERATIONS

- **Modest Attire:** When walking through villages or visiting a Boma, it is respectful to keep shoulders and knees covered.
- **Small Donations (Optional):** Many guests ask about gifts for local schools. Practical items like pens, notebooks, or solar torches are always appreciated.

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